

# *Integrity*

Module 4: Part 1

ACCOUNTABILITY *WORKS.*

# Integrity

- A firm adherence to a code of moral or artistic values: Incorruptibility
- An undivided or unbroken completeness or totality with nothing wanting
- Whole and complete

# Integrity



What do you see?

# Integrity

- We have a natural ability to see the whole even when a part is missing.
- Do you notice that your eye keeps returning to the gap?
- That is because of the tension of incompleteness. Both your eyes and your mind are drawn there. This is known in the psychology of perception as gestalt.

# Integrity

- Our natural state of being - who we really are at our core i.e. whole, complete, perfect.
- We are compelled to look at areas where we are not whole or complete. Incompletions pull life's energy to them.
  - Money
  - Relationships

# Integrity & Money

- When we don't have integrity with money our energy is drawn to that place of tension, guilt, remorse, or rationalization.
- Money is an easy place to begin, because so many of us experience tension/incompletes around money.
- **\*\*Assignment this week is to experience every cent that you spend, every single purchase, autopay, or donation.**